



Welcome back to season 2015-16



HEAD COACH **ETHAN D'SOUZA**

Cub Coaches **Paige Brace**
Taylor Laine
Kinga Wisniewska
Yu Chen Lim

14U Coaches **Andre Kudaba**
Travis Moss

16U/18U Coaches **Shanan D'Souza**
Ethan D'Souza

12U Coaches **Andre Kudaba**
Travis Moss

Volunteer coaches: **Juan Pallares; Zane Campbell; Finn Clements;**
Matthew Hetrea; Amy Feng and Reuel D'Souza

HIGHLIGHTS

Nov 21, 2015 1:00 to 3:00pm	"Lets Play Water Polo" Free try-it event @ CCAC
Nov 21 & 22, 2015 9:00am to 3:00pm	Referee Clinic
Nov 27—29, 2015 12U & 16U	Mid Season Tournament @ Surrey Fleetwood Pool
Dec 5, 2015	Coquitlam Lions Christmas Party
Dec 11—13, 2015 14U & 18U	Mid Season Tournament @ CCAC



1. Please note the following rule change to **12U GAMES** for this season:

- In the 12U division the 5m foul/shot line is not in play except for penalty shots.
- Players must pass after a foul before a shot can be taken.

2. Advice by LMWPL League for all athletes to use mouth guard while playing games.

3. Check game and practice times on website calendar.
Lionswaterpolo.ca

4. Check the **Teampages.com** for event times and volunteer schedule

National Jersey Day



November 20, 2015

Show your support for sport by wearing a sport team jersey to work, school and out in the town.

Remember to wear your Lions team shirt & Join us for a team photo as scheduled below:

16U & 18U—Nov 12 @ 7pm **CCAC**
10U & all 12U—Nov 14 @ 3:45pm **PSLC**
All 14U—Nov 14 @ 4:45pm **PSLC**

12U JAMBOREE EVENT

The 12U tournament this Fall will be a Jamboree event with team rosters selected from athletes from all participating clubs. Each player will receive a special event T-shirt in his or her team's colour.

It is certain to be a very fun and exciting day. We encourage all our 12U players to participate.

Additional T-shirts can be purchased for \$10.00 each.

F — Follow all rules

U — Understand that we all share a love for water polo

N — Never disrespect referees, officials, players, coaches, or other participants.



Another **NLS** course and **Bronze Medallion/ Bronze Cross Combo** course is being planned by the City for **Winter 2016**. Stay tuned for details.



For registration, info on upcoming events, new enrollments, inquiries, concerns, feedback, volunteering help, etc. please email

Lionswaterpolo.info@gmail.com

Referee Clinic announced by email for November 21 & 22, 2015

9am to 3pm. For details and registration: <http://bcwp.ca/index.php/events/bcwp-events/bcwp/referee-clinic-regional>

Equipment /suits. If you want to place orders you can do so by emailing the Clothing Manager, Sandra @ clothing@lionswaterpolo.ca

Remember to be a team player. Let your coach and team manager know if you cannot make it to the game or tournament.



Like us on Facebook... and receive updates on events notifications, news, schedules, pictures, videos and much more

Coquitlam Lions Water Polo Association